

KD CHRONICLES

THE OFFICIAL NEWSPAPER FOR KING DAVID HIGH SCHOOL

Welcome again!

By Ma'ayan Werner

Welcome to the latest issue of the newspaper!

Firstly, I would like to thank all contributors to the newspaper for this edition.

Secondly, with all of the recent changes in the world, I hope everyone stays safe and well, and I can't wait to see you all back in school when the coronavirus pandemic is over.

Thirdly, I'd like to wish good luck to the year 11s and year 13s whose time at KD was cut short so abruptly last week.



In this issue enjoy:

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LOU'S VIEWS – THE MONARCHY

By Louie Leventhall

Probably the only remnant of humanity's brutal past is our monarchy and royal family. They are representative of a warlike and barbaric feudalism that dominated the past for centuries. Now Queen Elizabeth and the royals have placed their assertive nature upon our system of parliamentary democracy and claiming they are supreme. How can this 93-year-old woman have the power to dismiss our parliament, declare war instantly and pass her own laws without the consent of the governed? Power can corrupt and it only takes one mistake by the royals to ruin it all. But people love and praise the royals, buying their stamps, waving their flags and singing their songs.

It is now we should discuss Stockholm Syndrome. This is where prisoners and hostages feel empathy and compassion towards their captors and even defend them. This is the modern-day monarchy lover. Defending their captors, even giving money to them, whilst they are continually manipulated and mistreated. How can we spend millions of taxpayer money on the royals to hold massive state banquets and cover up their 'petty' crimes? Crimes of theft, drug-use, sexual assaults and corruption that if an ordinary citizen did would be punishable by a long time in jail.



Remember that the royals think they are the purest and most superior people in the world, that no one can leave their squalid little group and hold conformity as their chief principle. By these standards they are a cult of personality to be praised and loved by the ignorant masses.

It is time we say no. No to scandals that have plagued the monarchy since its inception. No to the demand of deference and submission. No to the misused power stemming from the royals. Mrs Windsor and her cohorts should go and allow some democracy and accountability to exist in this country...

THE PROTOCOLS OF THE ELDERS OF ZION

By Mia Levene

This is a classic in antisemitic literature as it allegedly details the discovery of secret minutes from the first Zionist Congress meeting in 1897 in Switzerland of Jews plotting to take over the world. The booklet's 24 sections allege the secret plan of Jewish leaders seeking to attain world domination and despite constantly being discredited, the document is still used to stir up anti-Semitic hatred.

Nilus, a Tsarist official from Pre-revolutionary Russia created several editions of the protocol detailing how he discovered this secret document of Jewish world domination; one example claiming he stole it from a (non-existent) Zionist headquarters in France. After the Revolution old Tsarist supporters repeatedly read the document, arguing that the Bolshevik revolution was actually a part of a Judeo-Communist plot to take over the world. The forgery was promoted on an international scale and led to extreme antisemitic soviet propaganda under Stalin's rule echoing the mythology of the protocols.

By the 1920's the protocols had made their way to England asserting that the Jews are behind every major war, uprising and revolution, slowly destroying the white gentile race allowing them to obtain control over the remaining races of the world. In 1921 the protocols were translated to Polish and were also had a widespread use in Palestine and the Middle East to stir up resentment against Jewish settlers, urging that a Jewish state would advance the international Jewish conspiracy that Jews wanted world dominance. World renowned industrialist Henry Ford even published an American version of the protocols which – despite being in circulation for less than 7 years – inspired thousands of people to accept the protocols as genuine due to his endorsement.

The myth of the Jewish plan for world dominance inspired the events of Nazi Germany and were used by Hitler to justify antisemitic legislation. The first antisemitic measure of 1933 (a one-day boycott of Jewish businesses) was a step taken to prevent the Jewish takeover. In recent years they have become a major source for Arab and Islamic propaganda. In the 80s Muslim groups spread the forgery worldwide via universities and exhibitions.

Despite there being blatant truth that these documents are fraudulent lies, much of modern-day antisemitism is based on the premise of the fact that Jews will one day take over the world.

TEACHER TALKS WITH MR PITT

By Ma'ayan Werner

Do you have a nickname?

No, I don't really. I used to have one. One of my friends gave me one but it never really caught on.

What was it?

I'm not going to tell you that because the kids will start calling me it.

Ha ha, fair enough. What is your favourite part of teaching?

It's the teaching, being in front of a class, working with the students, not so much the marking but just the teaching. I really enjoy it.

Who is your favourite class?

Your class obviously!

Who is your best teacher friend?

I mean I wouldn't like to single anyone out but me and Mr Marvin are pretty tight, but I like all my colleagues.

What is your favourite colour and why?

I wear lilac an awful lot. I didn't realise that until people pointed that out so I guess it must be lilac because I wear it an awful lot.

What is your dream car?

Blue Toyota Aygo.

Really? So not a standard answer to that question like a Ferrari or a Tesla?

No, I like my little car. I think the idea of a tall, bald man in a funny little car is quite amusing ... like a clown car.

If you weren't going to teach Sociology or History what would you teach?

Another subject? I taught English for a little bit so probably English. I'd love to be able to teach Drama, but I just couldn't do it so probably English, but I like teaching Sociology and History.

Okay, now for the harder questions. How are you dealing with the current coronavirus pandemic?

I'm fairly relaxed about it, I haven't particularly stocked up on stuff. I figure for most of us who are fit and healthy, it's all fine. It's about protecting the older and more vulnerable people.

So, what's your opinion on the lack of toilet paper and paracetamol in Tesco?

I think it is pretty bad. I was tempted to see if I could start a panic buy on something else like corn on the cob or something like that. I can see paracetamol, but I don't understand the toilet paper, it seems a bit odd.

What do you like to do in your free time?

I mainly spend time with my family, do a bit of schoolwork. I work as a coach on my son's football team but I'm shocking at football. I used to play the drums so sometimes I like to play around on them but I'm not as good as I was.

What is your favourite film?

I really like 'Donnie Darko'. Have you ever heard of that? **No, I will give it a watch though.** Yeah, it's a good film. It's like an American teen/sci-fi film with Jake Gyllenhaal in it.

Finally, who in history would you most like to have dinner with? If it isn't a sociologist, I'll be upset.

I don't think there's any sociologist I'd like to have dinner with.

What about Karl Marx? I feel like he'd be a good one.

I think Karl Marx was quite fun despite the image. He liked to drink. Maybe Karl Marx, maybe Ghandi but I don't know how much fun he'd be. He might ask you strange questions and be quite boring. Henry VIII seems quite fun but not very nice.

Thank you for your time Mr Pitt.

WHY VEGANISM?

By Maya Orme

With recent worries about global warming and increasing concerns for animal welfare, the term veganism has come up a lot more. Veganism is a way of living which seeks to exclude, as far as possible and practical, all forms of exploitation of, and cruelty to, animals for food, clothing or any other purpose. According to the latest research by the Vegan Society, conducted in 2018, there are around 600,000 vegans in Great Britain.

Many people, including me, adopted a vegan diet solely for the purpose of reducing animal cruelty, however recent studies have also shown the impact it can have on climate change and how it can massively reduce the greenhouse gases emitted into the environment, along with how it can also positively benefit our own personal health.

Many of you probably “love meat too much” or “couldn’t live without chocolate” so would never consider going vegan, but with veganism on the rise, the amount of vegan substitutes is also amazing that you no longer have to feel as if you are living without certain foods. So, why go vegan?

For the animals:

Around 60 billion land animals and over a trillion marine animals are used and killed as commodities per year, merely to satisfy human taste preferences. Non-human animals are living beings seeking life and freedom and avoiding harm and danger. In every livestock farm no matter how much companies advertise a free range and cruelty free life; non-human animals will suffer. Many people have emotional attachments with animals, whether it be a dog or a cow, and most believe that all sentient creatures have a right to life and freedom. Avoiding animal products is one of the most obvious ways you can take a stand against animal cruelty and animal exploitation everywhere letting these creatures have a right to life and freedom.

For your health:

Well-planned vegan diets are extremely healthy and contain all the nutrients that our bodies need. When considering adopting a vegan diet, a main worry that often occurs is that your body won’t gain enough protein or iron. However, Both the British Diet Association and the American Academy of Nutrition

and Dietetics recognise that this diet is perfectly healthy for every age and stage of life. Some research has even linked vegan diets with lower blood pressure and cholesterol, and lower rates of heart disease, type 2 diabetes and even some types of cancer. You just need to know where to get what you need from like whole grains, fruit, nuts, seeds and vegetables, which are packed full of vitamins and minerals.

For the environment:

The production of meat and other animal products is extremely bad on the environment - from crops and water required to feed the animals, to the transport and other processes involved in producing the animals to getting it on our plates. The huge amount of food required to feed the livestock is a massive contributor to deforestation, habitat loss and extinction. Below are a few statistics and facts about how the animal industry effects the environment...

1. Raising animals for food uses 30% of the Earths land mass - or an area about the size of Asia.
2. 7 football fields of land are bulldozed every minute to create more room for farmed animals.
3. A vegan diet requires 300 gallons of water per day vs. a meat-eating diet which requires 4000 gallons per day.
4. A 2018 Oxford University Dufy abated tat ‘avoiding meat and dairy is the single biggest way to reduce your impact on the earth.’
5. Animal agriculture contributes to an estimated 18% of total greenhouse gas emissions.
6. If every family in the UK removes meat from just one meal a week, it would have the same environmental impact as taking 16 million Carson the road.

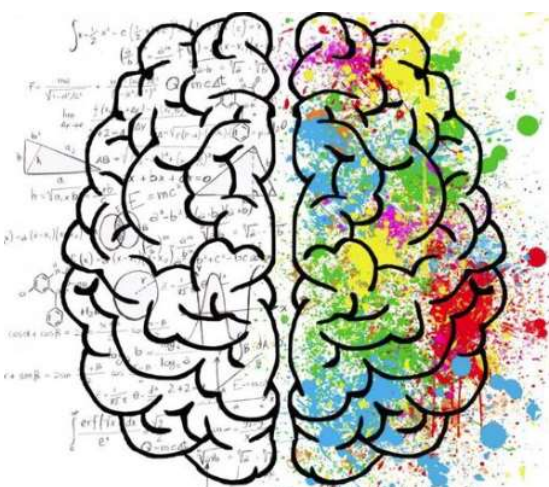
The good news is that there is something we can do about this. We can choose to help the animals, the environment and ourselves. Each time we choose the vegan option, we are saving lives and bit by bit saving the world. Going vegan is easier than ever with the vast amount of alternative options provided nowadays so it is time we tell ourselves that we can make the difference ended.

PSYCHOLOGY TIPS TO INCREASE THE QUALITY OF YOUR STUDYING AND REVISION

By Noah Goodman

1. Rewarding Yourself

In psychology, this is commonly known as positive reinforcement – the concept of a positive reward that attempts to promote repetition of that behaviour. For some people, success in terms of exam results may be a good reward enough, however this doesn't work for everyone so you may decide to reward yourself in other ways. For example, some people may be motivated by food and use that as a reward for their hard work.



2. Work smarter, Not Longer

It is true that those who work harder tend to do better, however it is not true that those who work longer are more successful. It is all about how you allocate your time and what you do in that time. There is a common misconception that working with music in the background increases your productivity but this is only true if the music contains no lyrics as the human brain cannot possibly concentrate on the lyrics to a song and the words you are reading from your notes, at the same time. Use your time for making notes that you have questioned and thought about, rather than simply copying from a textbook, this is a much better use of your time.

3. Breaks

Even though the human brain only amounts to 2% of the body's glucose because of how hard it works. This means that it cannot function for long periods of time and maintain concentration. Hence, the need for breaks! But these breaks have to be proportionate on how long and hard you work.

For example, if you work for an hour, you should have between a 0-15-minute break. Also, it depends on how you conduct your break that has a massive impact on your relaxation. First of all, you should have your break in a separate room to the room you're studying/revising in to truly help you feel relaxed and use that time on your break to give yourself a breather, don't take on anymore draining and time-consuming tasks.