



Table Talk



Birthdays



Robert	Samuels
Leah	Tesciuba
Rose	Ben David
Olivia	Louis
Portia	Dodds
Ashley	Landes
Ashley	Margolis
Nathan	Pitt
lydia	Seager
Hadas	Cohen
Adina	Collins
Freya	
Millie	Collins
Adam	Goldstone
Jaymie	Isaacs
Daniella	Neumann
Jessica	Sivner
Nathan	Jacobs
Kayley	Kahan
Alexander	Zvikler
Cassie	Fagelman
Harry	Landy
Liora	Bean
Gary	Fagen
Georgia	Fisher
Natasha	Jacobs
Henry	Nelson

A Bite of Inspiration

Parashat Vayishlach

In this week's Torah portion, Jacob says to his household, "Cast away the false G-d that is within you..." On this, the Sages ask: Which false G-d is 'within' a person? Arrogance.

In Jewish thinking, arrogance is akin to idolatry, for arrogance is worship of the self. Arrogance is a person thinking that he is the most important part of this world. Nothing matters more than me and my will. Judaism has little patience for the arrogant human being. The Sages to speak, "There is no room for both of us in this world. The traps of arrogance are many. Amongst the is so worried about his image in the eyes of to achieve this end. If people look up to a pow-become. If they look up to a wealthy person, look down upon a compassionate person, then longer his own person as his values will swap outside world.



By contrast, a humble person has no fear of what others think of him. (An arrogant person, though he pretends not to, thinks of little else.) As such, a humble person will stick to his values no matter what the world says. An arrogant person will stick to what the world says, no matter what his values.

Humility, the Sages tell us, is the key to greatness. An arrogant person may achieve much in the eyes of others. Yet he will achieve little in the eyes of Hashem - and deep down in his own eyes, too. Though people may outwardly respect him, inwardly they despise him. No one likes an arrogant person for he will always do his best to make others feel small and insignificant.

Finally, the arrogant person will never find true happiness. For he knows, better than anyone else, that he is only an inflated balloon - full of hot air, but not much else.

Judaism says not to despise the arrogant man, rather to pity him (though not in an arrogant way!). For he is his own worst enemy.

Weekly Laugh

Remember the days of old...

A Texas farmer was touring England. He happened to meet an English farmer and asked him, "What size farm do you have?"

The Englishman proudly announced, "Thirty-five acres!"

"Thirty-five acres?" the Texan scoffed. "Why, I can get in my truck at 8:00 AM and start driving and at noon, I am still on my farm. I can eat lunch and start driving again and at 5:00 PM I am still on my farm.

"Ah, yes," the Englishman nodded in understanding. "I had a truck like that once."

Death of **Rabbi Judah Hanasi**, the compiler of the **Mishna**. The Mishna is a compilation of Oral Law which serves as a second teaching of the Bible. According to tradition, this Oral Law was given to Moses at Mt. Sinai and passed down from generation to generation. It is divided into six "orders". There are a total of 63 "tractates." It was compiled in Hebrew and intended to be memorized. It served and still serves as a code for regulation of all Jewish life. Its "editor" was Rabbi Judah Hanasi (the Prince), who was born in 138 CE.



בס"ד



Table Talk



Rabbi Samuel Mohilever
(1824-1898)

Born into a rabbinical family in Vilna. An early member of the Hovevei Zion in Russia, he became one of the founders of Religious Zionism. He was attracted to the concept and possibilities of settling mass numbers of Jews in Eretz Yisrael. This desire led to the founding of the [Hibbat](#) . In 1890, he led a group tour of Eretz Yisrael. In 1893, he initiated the concept of a "mercaz ruhani" (spiritual centre) which became Mizrachi, the religious Zionist organization. He also helped persuade Jews in Bialystok to settle Petach Tikva. Under his influence, a board of rabbis was chosen to insure that settlement work in Eretz Yisrael would be carried out in accordance with Jewish tradition as much as possible. In recognition of his efforts, an orchard called Gan Shmuel was planted near Hadera for his 70th birthday. Mohilever and his colleagues continued their work, especially among Orthodox Jews, and as a result, Mizrachi became the foundation of the religious Zionist movement. In 1902, four years after Mohilever's death, Mizrachi officially joined the Zionist Organization.

His last letter to the Jews of Russia before his death urged them to work to achieve a deep attachment to the commandment to settle in Eretz Yisrael, which he termed "the foundation of the existence of our people."

Student's Salad

Many people have different hobbies but mine includes karate . It all started when I did swimming I hated every second but my mother always said, "Until you find a substitute I'm not letting you stop swimming you need exercise."

For years I nodded and said ok but the thing that finally pushed me to karate was ... A new teacher came and she was awful I quit after three times almost drowning and being frequently sick it had to stop. I looked around the world for a sport I would enjoy and be passionate about. After one month I found karate I went to 6 taster lessons I loved it and I've done it ever since and now as I take my brown belt in three weeks I'm proud to say I am a disciplined fighter. Until you try karate you will never know what's going round the fighters head. Karate is not just for children adults can take classes to. So that's the story of my favorite thing in the whole world. I hope I've inspired you to look for you're hobby and I a sure you will never for all you're life forget it.

BY JAKOB MARSH - Year 8

Sporting Success

Congratulations to:

- Chantelle Isaacs
- Sophia Lang
- Cassie Fagelman
- Rosie Mercer

Who all took part in the North Manchester Badminton Tournament and won! They will now take part in the North Manchester Schools city wide final in January.

Congratulations to year 10 girls who took part in the North Manchester Swimming Gala at Abraham Moss.

Winners:

- Lucy Kay—Breaststroke
- Abigail Edwards –Crawl
- Lydia Levy– Fly

The team also took the overall first place.

'Hamayon', based in Gateshead, have been running an extremely successful program over the past five years.

Groups of up to have enjoyed the **ration** of a Shab-mixed with the quest, 5-a-side competitions, pin bowling, as group discussions.



twenty five pupils warmth and inspi-bat in Gateshead thrills of Laser-football, Table Tennis snooker & pool, ten well as fun-filled

Hamayon have their own purpose built first class accommodation. Shabbat meals are eaten with 'handpicked' local families whilst other meals are eaten at the Hamayon centre.

To find our more speak to Rabbi Schwalbe or the Rabbis at school.

School clubs

Lunchtime is the perfect opportunity to get involved in the many different clubs that the school has to Offer. It's cold outside check out the clubs.