



Examination PE

GCSE PE

Pupils will have the opportunity to select PE as a GCSE option in KS4 from September 2011. The GCSE course will follow the Edexcel syllabus and requires pupils to be assessed on 4 practical activities, complete a Performance Portfolio (Coursework) and also take a written exam at the end of year 11. In order to fulfil the requirements of the course pupils have two GCSE PE lessons each week, one practical and one theory. The theory component focuses on a range of topics including the Skeletal System, Muscular System, Cardiovascular System, Respiratory System, Sports Psychology, Diet, etc.

Leadership

All Year 10 and 11 pupils have the opportunity to study the Level 1 Award in Sports Leadership as part of their KS4 core PE lessons. This Award is delivered as a separate 6-week block of work at the start of year 10 and is then incorporated into all units taught across the two years. Pupils are given a logbook to complete and are assessed on their ability to fulfil course requirements.

There are many opportunities for pupils and students to develop leadership awards. Staff offer Young Sport Leaders qualifications which are very popular e.g.

- a. The FA Junior Football Organisers Award
- b. The RFU Rugby Leadership Award

In addition our students have the opportunity to lead several events in conjunction with the City of Manchester Sports Partnership, this is well supported by KDHS Students

